

Foods NOT to feed your dog

DO NOT feed your dog raw fish! Certain types of raw fish have been found to be extremely unsafe for dogs. They contain a microorganism that affects and kills dogs, but not humans or other animals. Salmon in particular is a danger but other types of fish carry the bacteria as well. While dogs can eat some of the same foods that we do, there are many they should not eat. Some common foods you may have around your house could kill your dog in the right amount.

Some foods dogs should not eat:

If your dog has ingested any of these foods, get veterinary help immediately.

- **Grapes and Raisins:** Grapes and raisins can cause kidney failure in dogs. As little as a single serving of raisins can kill a dog.
- **Onions:** Onions destroy red blood cells and can cause anemia.
- **Chocolate:** Chocolate can cause seizures, coma and death. Baker's chocolate is the most dangerous. A dog can consume milk chocolate and appear to be fine because it is not as concentrated, but it is still dangerous.
- **Coffee, Coffee grounds, tea and tea bags:** Drinks/foods containing caffeine cause many of the same symptoms chocolate causes
- **Macadamia Nuts:** Macadamia nuts can cause weakness, muscle tremor and paralysis.
- **Animal fat and fried foods:** Excessive fat can cause pancreatitis.
- **Bones:** Bones can splinter and damage a dog's internal organs.
- **Tomatoes:** Tomatoes can cause tremors and heart arrhythmias. Tomato plants are the most toxic, but tomatoes themselves are also unsafe.
- **Avocados:** The fruit, pit and plant are all toxic. They can cause difficulty breathing and fluid accumulation in the chest, abdomen and heart
- **Nutmeg:** Nutmeg can cause tremors, seizures and death
- **Apples, Cherries, Peaches and similar fruit:** The seeds of these fruits contain cyanide, which is poisonous to dogs as well as humans. Unlike humans, dogs do not know to stop eating at the core/pit and easily ingest them.
- **Raw eggs:** Raw eggs can cause salmonella poisoning in dogs. Dogs have a shorter digestive tract than humans and are not as likely to suffer from food poisoning, but it is still possible.
- **Salt:** Excessive salt intake can cause kidney problems.

Food that most dogs can eat:

Some "human" foods are good for dogs. Most of these are healthier than the boxed treats you buy in the grocery store. This is just a small list of examples of foods dogs *can* eat, not a list of every food they *should* eat. Dogs won't necessarily get all the nutrients they need if they eat these foods exclusively, so check with your veterinarian if you are interested in feeding your dog a home cooked diet. Any food that causes stomach upsets or digestive problems in your dogs should be avoided. Like people, some dogs cannot tolerate certain foods.

Cooked Meats:

- Meats should be boneless and it is best if the skin is removed. I don't consider raw meat a good idea because of the small risk of food poisoning and parasites.
- Skinless, boneless chicken breast
- Skinless, boneless turkey breast
- Boneless fish